## WHAT IS CLAIMED IS:

## 1. A boot comprising:

a lower portion shaped to encase a toe and a heel of a user's foot, said lower portion including an inside lower retainer means and an outside lower retainer means incorporated therewith,

an upper portion shaped to encase a lower calf, said upper portion including an inside upper retainer means and outside upper retainer means incorporated therewith, and

a middle portion connecting said lower and said upper portions, said middle portion shaped to encase an ankle joint of the foot, said middle portion comprising a wide diameter joint means to rotably connect said upper portion to said lower portion, a front elastic cover and a rear elastic cover, said elastic covers shaped to surround the ankle area of the foot, said covers attached to said lower and upper portions of said boot, said joint means comprising an inside joint means having an inside sliding disk and an outside joint means having an outside sliding disk, said inside sliding disk adapted to slidingly engage with said upper inside retainer and said lower inside retainer, said outside sliding disk adapted to rotably and slidingly engage with said upper outside retainer and said lower outside retainer.

- 2. The boot as in claim 1, wherein said front and said rear elastic covers are pre-stretched.
- 3. The boot as in claim 1, wherein said inside joint means located asymmetrically higher and closer to a front of the boot than said outside joint means.

- 4. The boot as in claim 3, wherein said inside sliding disk having a flat top portion and said corresponding inside upper retainer having a straight slider, whereby said upper portion adapted to slide in said slider along said inside sliding disk to compensate for an asymmetric location of said inside and said outside joint means.
- 5. The boot as in claim 1, wherein said inside and outside sliding disks are substantially concave and protruding away from said boot.